



Weekly Alert July 26th, 2024

## Top health concern in Texas: healthcare access and costs

### ***Obesity and COVID round out the top 3***

Texas adults (n=59) were asked, "What is the biggest health problem facing Texas?" After choosing from 14 options, they were asked, "What is the second biggest health problem facing Texas?" Healthcare access and costs was rated as the biggest or second biggest health problem by 37% of respondents, followed by obesity (29%), COVID-19 and Long COVID (24%), mental health (19%), diabetes (17%) and gun violence (15%).

### **How does Texas compare to national results?**

The survey was administered to 558 adults in five states who were asked to rate the top concerns in their states. Nationally, the top health concerns were gun violence (35%), drug abuse/addiction/overdose (32%), mental health (31%) and healthcare access and costs (30%). No state rated obesity as highly as Texas.

### **Others results**

Fewer than 1 in 7 Texas respondents rated any other health issue as the biggest or second biggest health problem in Texas: reproductive health (14%), drug abuse/addiction/overdose (14%), extreme weather (12%), cancer (9%), heart disease (7%), mother and child health (3%) and traffic safety (2%).

### **Share the findings, see what others think**

Do you and those you know agree with these concerns? Share the resources below and ask what people think. Talking about community health challenges can help focus response efforts.

This week's report is based on responses from a panel of 558 adult residents of Texas (n = 59), St. Louis, MO (n = 141), Omaha, NE (n = 84), Baltimore, MD (n = 168) and Colorado (n = 106) surveyed July 20-22, 2024. Explore these data and more at [iHeard Texas](#).

## Shareable Resources

Click to download resources to share in your community.  
Remember to include [#iHeardTexas](#) [#iHeardTX](#) when sharing on social media!

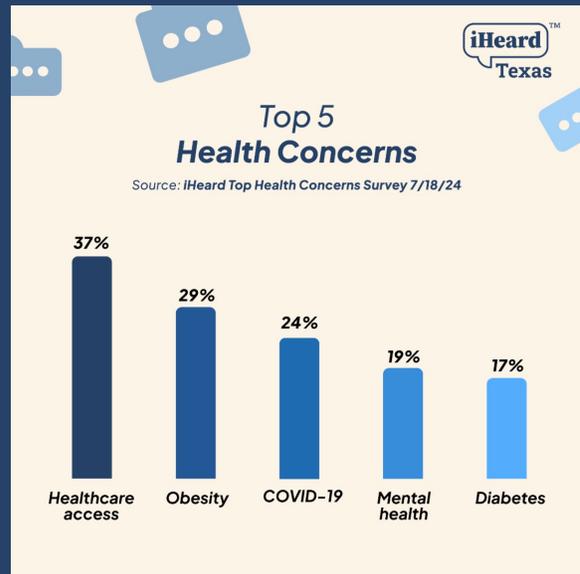
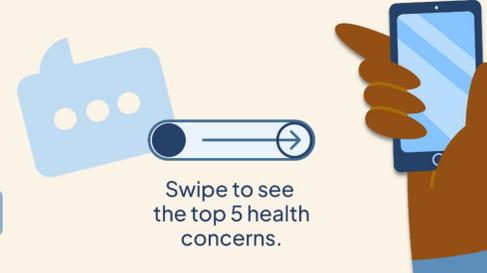
# Top Health Concerns in Texas

Top health concerns  
iHeard Texas

What are the top health concerns in Texas?

Texans say **healthcare access** and **obesity**.

Swipe to see the top 5 health concerns.



*Suggested Caption:*

We asked Texans: “What are your top 2 health concerns for our community?” Do you agree with what they said? What are your top health concerns for our community

#iHeardTexas

[Download here](#)

## Check out these resources!

Top health concerns  
iHeard Texas

We asked St. Texans about their top health concerns in our area. **Healthcare access** and **obesity** ranked highest.

Here are resources for **healthcare access** and **weight loss support**.

Swipe for more

Source: iHeard Top Health Concerns Survey 7/18/24



iHeard Texas

For crisis and mental health support

Call 988

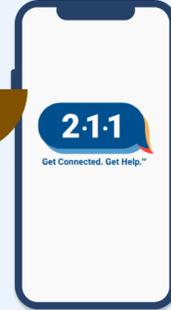
Or visit [988Lifeline.org/chat](https://988Lifeline.org/chat)



For help with basic needs  
or health services

Call 211

Or visit  
[211texas.org](http://211texas.org)



*Suggested Caption:*

Remember: Call 988 for mental health emergencies and 211 for a wide range of health and social services. Let's prioritize our well-being and find the help we need together!

#iHeardTexas #HealthConcerns #SupportResources #211 #988

[Download here](#)

## Combined Resource

Click to download a printer-friendly PDF with all the information above!

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